



joel penton assembly
follow-up
questions about life

1. Do you see commitments being broken around you? If so, what types?

2. Talk about a time when you have been affected by someone close to you who has broken a commitment.

3. Talk about a time when you witnessed someone stand their ground.

4. With that in mind, do you think it's important to keep commitments?

5. Talk about one commitment you made in the past.

6. Did you follow through and keep that commitment? If you did, what did it take? If not, what stopped you from keeping that commitment?

7. Take a minute to think about a new commitment (or a re-commitment) you'd like to make. Write it in the space below, date, and sign. Cut this section off and hang it in a place where you'll see it often - your locker, the bathroom mirror, the front of your notebook, etc. Then stand your ground, and keep the commitment.

I commit to: _____

Date: _____ Signature: _____